

Now in the 37th Year

Notts 10

10 MILE ROAD RACE

INCORPORATING THE NOTTS AAA CHAMPIONSHIP

to be held at the

**NATIONAL WATER SPORTS CENTRE,
HOLME PIERREPONT, NOTTINGHAM**

on

Friday 6th June 2008 - Race starts at 7.15pm

- Organised by Notts AC
- Fast, accurate course
- Easy parking, showers, bar
- Oldest road race in the Midlands
- MCAA Permit applied for
- £100 subvention to first male
- £100 subvention to first female
- £50 subvention to first male veteran
- £100 for course record
- Race T- shirt to all finishers

ENTRY FEES: Affiliated runners £7.00 Unattached runners £9.00

NB: £2.00 surcharge for entries on race day

PLEASE COMPLETE THE FOLLOWING USING BLOCK CAPITALS

SURNAME:	SEX (M/F)
FIRST NAME(S):	
ADDRESS:	
	POSTCODE:
CONTACT DETAILS:	
DATE OF BIRTH:	AGE ON 6th JUNE 2008:
CLUB (if applicable):	
COUNTY CHAMPIONSHIP - please tick if you wish to enter (no fee) - see below for qualifications for entry	<input type="checkbox"/>
DECLARATION: I declare that I am an amateur as defined by the Amateur Athletics Federation. I agree not to hold the promoter or promoting body responsible in any way for injury or loss suffered as a result of my participation in the race.	
Signed:	Date:

ENTRIES SHOULD BE SENT TO:

Notts AC (Notts 10), Canterbury Mill, Canterbury Road, Nottingham NG8 1PQ.

Email: notts-ac@connectfree.co.uk

Cheques should be made payable to 'Notts 10'. Please provide a stamped SAE.

NOTTS 10:

Minimum age for entry is 16 years on the day of the race. The organisers reserve the right to refuse entries. The race will be run under and in accordance with BAF rules.

QUALIFICATIONS FOR ENTRY TO COUNTY CHAMPIONSHIP:

Birth or 9 months continuous or bona fide residence in the county of Nottinghamshire prior to the date of the race. Any athlete who competed in a County Championship or represented a county may not compete in another County Championship in the same calendar year.