



COACH EDUCATION

Level 1 Coaching Course

Notts AC Clubhouse
Saturday 10th November 2007
9.00am – 5.00pm

You may be able to receive up to 100% funding for this course!!

How to apply

- Complete an application form – this can be obtained from Notts AC registration desk, or can be downloaded from the Notts AC website (NottSac.co.uk)
- Complete a Coach and Leader Development Fund Grant Aid application form – also available from registration or can be downloaded from the Notts AC website (NottSac.co.uk) (this will enable you to claim your £30 back!) **NB. This form must be returned at least 3 weeks before the start of the course**
- Send these forms, along with a passport sized photo, and a cheque for £30.00 made payable to “Notts County Council” to James Hayden, Notts AC, Canterbury House, Canterbury Mill, Nottingham NG8 1PQ.

This course is an introduction to coaching skills, with a major emphasis on the “how to” skills rather than the “what” skills. Despite this there is a large practical element to the course with the theory being taught through the practical parts. During the course the coach will receive a complete manual of the course and following on from the course they will be entered onto the UK Athletics Coach database. A Coach pass and license will be produced and will be sent out to the coach usually within 8 weeks of the course. As soon as the course has been completed the coach is qualified and insured to coach under the supervision of a coach qualified at Level 2 or higher.

If you have any questions before applying please contact James Hayden at notts-ac@connectfree.co.uk or on 0115 9854289