Notts AC Club records

Senior women						
	Event	**Athlete**	**Mark**	**Venue**	**Date**	**Competition**
Track	60m (i)	Zoe Lucas	7.84 (i)	Sheffield	24 Jan 2026	RJT indoor series
	100m	Hayley Mills Sharon Tunaley (U20)	11.65 11.6			
	200m	Charlotte McClennaghan	23.09	Derby		
	400m	Loreen Hall	52.71	Birmingham	18 June 1988	Midland Champs
	600m	Ruth Patten nee Kennedy	1.28.8	Stretford	30 April 1977	Invitation
	800m	Cherry Hanson	2.00.3		1981	
	1500m	Cherry Hanson	4:10.1		1981	
	Mile	Sarah O'Dowd	4.46.71	Hendon	31 August 1996	BMC Mile
	3,000m	Cherry Hanson	9:15.2		1982	
	5,000m	Sarah O'Dowd	17.44.2	Nottingham	16 July 2009	Tim Wealthall mile and 5K
	10,000m					
	60m Hurdles (i)	Zoe Lucas	8.68 (i)	Loughborough	31 Jan 2026	Loughborough Open
	100m Hurdles	Zoe Lucas	13.90 (1.7)	Loughborough	27 August 2023	Charnwood Open
	300m Hurdles	Amelia Briggs-Goode	44.54	Mansfield	23 March 2023	Mansfield open
	400m Hurdles	Amelia Briggs - Goode	59.3	Birmingham	20 June 2026	UK Champs
	3,000m Steeplechase					
	2,000m Steeplechase	Joanne Clamp	7.33.96	Aldershot	27 May 2012	UK Womens League div 3
	4 X 100m	Kathy Ball, Sarah Clarkson, Ruth Patten, Julie Frampton	47.3		1982	

	4 x 400m	Amanda Gash, Sonia Jamieson, Cherry Hanson, Debbie McFee	3.49.2		1981	
Field	High Jump	Shannon Craig	1.75			
	Long Jump	Phoebe Clayton	6.07 (i)			EA Indoor U20 champs
	Triple Jump	Louise Hirst	11.48		2026	
	Pole Vault	Emma Lyons Outdoors Emma Lyons Felicia Miloro	4.31 (i) 4.25 4.25	Birmingham Hendon Birmingham	21 Feb 2009 7 August 2010 2 August 2025	Aviva Indoor Grand Prix McCain Jump Fest UK Athletics Champs
	Shot Put	Angela Littlewood	14.48		1975	
	Discus	Julie Frampton	47.3		1975	
	Hammer	Anna Purchase	73.02	Berkley California	08 April 2023	Brutus Hamilton Invitation
	Javelin	Sharon Gibson	60.88	Los Angeles, USA	1984	Olympic Games
	Heptathlon	Julie Frampton	5,116	Bournemouth	21 July 1985	WAAA Combined Events Champs
Road	5K	Sarah O'Dowd	18.13	Tipton	16 Nov 2008	Tipton Cosely 5K
	10K	Rachel Russ Russell	36.28	Holme Pierrepont	June 2004	
	10 Mile	Rachel Russ Russell	63.43	Ripon	15 June 2005	
	Half Marathon	Joanne Clamp	1.27.28	Leicester	11 Oct 2009	Leicester City Half Marathon
	Marathon	Rachel Russ Russell	3.13	San Diego	June 2002	