



Notts AC Open
Friday 12 June 2026

England Athletics License: OUT 26/409

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mellor  oxland

ATHLETE GUIDE

Notts AC would like to thank all the volunteers and officials for their support, events like this would not be possible without them.

Timetable

Track
6.45pm – Mile C Race
7.00pm – 5000m B Race
7.30pm – 5000m A Race
7.55pm – Mile B Race
8.05pm – Mile A Race

Registration will open at 5.30pm.

Full start lists, including details of which race individuals are in will be published on the website on 10 June.

Travelling to the venue

Venue address:

Harvey Hadden Stadium, Wigman Road. Bilborough Nottingham, NG8 4PB

[Google maps link](#)

Ample free parking is available on site. Please be aware that there are road works in the area which may affect your journey, please leave plenty of time to drive to the venue.

The venue is served by regular bus services from the city center, bus number 28.

Registration

On arrival, please report to registration located in the Notts AC club house.

Register with the team inside, you will be issued with two numbers to be worn front and back for track events, please provide your own pins.

Racing both mile & 5000m races? You can use the same number for both races.

You must register for your race **no later than 20mins** before its published start time. No exceptions.

On the night entry

- There are no entries on the night available

Reporting for your race / event

Athletes should report to the start area for their race 10mins before the published start time.

Race information

Races & events are held under UKA / EA rules.

- Mile – 4 laps + 10m
- 5000m – 12 ½ laps

Officials will be recording times and laps completed.

First aid is available, if at any point you feel unwell or injured and need to withdraw during your race please make sure an official is aware of your withdrawal so we know you are safe and can get you any help you might need.

Prizes

Details of prizes available can be found on our [website](#).

Weather permitting, prize giving will take place in the track center as soon as possible after the race, please listen for announcements. In bad weather prizes will be distributed in the Notts AC club house at the end of the evening.

Prizes are only given for the A races in Mile & 5000m distances for each gender. There are no prizes given for the supporting track races.

Results

Provisional results will be posted on the green cabin near the entrance as soon as they are ready, and published on the Notts AC website by lunchtime the following day.

They will be sent to Power of 10 on the following Monday subject to any queries being resolved.

Any queries on results should be emailed to the meeting organiser.

Photography policy

The organisers will have official photographers and videographers present. If you do not want your image taken and used in future promotional material please either email the meeting organiser in advance or record your number at registration.

Refreshments

The Notts AC tuck shop will be open all evening serving hot & cold drinks, and snacks.

Unfortunately not hot food will be available on the night.

Find our more about Notts AC and for further questions

Please visit our website <https://www.nottsac.co.uk/notts-mile-5000m>

For any immediate questions please email the meeting manager at johnmuddeman@aol.com