



Sportshall

Meet 10.00. Start 10.30 main comp

For U11, U13 and U15 athletes

5th October / 2nd November / 21st December / 11th January / 8th February

**Performances recorded and used to select team to represent Nottinghamshire
in the East Midlands Regional Final Grantham 1st March**

Kirkby In Ashfield Leisure Centre – NG17 7DJ



**If your athlete has competed for Notts AC before, or if not, come
down for a fun day of Sportshall athletics.**

**Do contact to confirm your athlete's interest (preferable) or turn
up on the day**

Events		
Balance	Triple Jump	Long Jump
Chest Push	Target Throw	High Stepper
Vertical Jump	1 lap, 2 lap, 4 lap and 6 lap races	

Team Manager Keeley Sutton

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Club vest will be needed

Purchased from clubhouse

Trainers only needed as indoor