Notts AC Club Records and Best Performances U12 Boys to U20 Men
17 November 2026

This document lists all the best performances and club records that a look through the club archives, meeting results, information from people and power of ten.

- It is complicated as the age groups changed this season. Some of the records from before 2026 may be in the wrong age groups, results for U15s for example will have been included in U16s
- It is not complete; It should have U10s included but at the moment they are blank
- It has gaps which hopefully people can tell us about and fill

We are sure there are people out there who have done better performances than some of the ones here. Please tell me at aidannottsac@gmail.com

	Event	Athlete	Mark	Venue	Date	Competition
U12						
Track	50m					
	60m					
	75m	Tom Moakes	11.20	Bedford	23 Jun 2005	ISA National Champs
	80m	Yaw Afrifah-Mensah	11.50	Nottingham	3 July 2016	Notts Mini League
	100m	Harry Whyley	13.2	Nottingham	10 June 2012	Notts Mini League
	150m	Yaw Afrifah-Mensah	21.80	Nottingham	7 May 2016	Notts Mini League
	60m Hurdles					
	75m Hurdles					
	400m					

	600m	Jonathon Nicholson	2.02.5	Newark	29 June 2019	Notts Mini League
	800m					
	1,500m	Jonathan Millet	5.07.2	Nottingham	30 May 2001	??
	4 X 100m					
Field	Standing Long Jump					
	Long Jump	Yaw Afrifah-Mensah	3.83	Nottingham	3 July 2016	Notts Mini League
	Standing Triple Jump					
	High Jump	Tom Moakes	1.00	Ashfield	13 Jun 2010	Notts Mini League
	Push Throw					
	Shot Put					
	Discus					
	Hammer					
	Javelin					

U14						
Track	60m	Yaw Afrifah-Mensah	7.81 (i)	Sheffield	25 Nov 2018	Notts AAA graded open
	75m					
	100m	Yaw Afrifah-Mensalh Elliott Junor	12.1 12.10 (1.4)	Nottingham Milton Keynes	23 Jun 2018 24 May 2026	Notts Mini League UKYDL Midland Upper prem N&E

	150m					
	200m	Yaw Afrifah-Mensalh	23.43 (w)	Stoke Gifford	21 July 2018	UKYDL
	300m					
	400m					
	600m	Trevantae Seamer	1.44.4	Loughborough	5 August 2026	UKYDL Lower
	800m	Thomas Hurry	2:09.73	Nuneaton	28 June 2026	UKYDL Lower
	1500m	Thomas Hurry	4:28.48	Stoke	20 June 2026	Midland league
	Mile					
	3,000m					
	75 M hurdles (U13)	Trevantae Seamer	10.42 10.36 (w2.6)	Derby Loughborough	9 May 2026 5 August 2026	
	80m Hurdles	Maranga Mokaya	12.20 12.49 (U15)	Derby Birmingham	17 Jun 2010 1 August 2010	ESAA Cup Regional Final UK Young Athletes League
	200m Hurdles	Cameron Fraser	31.1	Nuneaton	27 June 2026	MCAA Champs
	1,200m Steeplechase					
	4 X 100m	Elliot Junor; Stephen Amaeche; Naziah Abdin; Thomas Hurry;	51.5	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	4 x 200m					
Field	High Jump	Max Gallie	1.59	Derby	3 May 2026	UKYDL Midland Lower N&E

	Long Jump	Maranga Mokaya	4.71	Nuneaton	16 May 2010	Young Athletes League
	Triple Jump	Montel Nevers	13.24 (1.0)	Bedford	22 August 2010	England Age Champs
	Pole Vault	Phoenix Blair	2.30			
	Shot Put	Thomas Hurry	8.96	Mansfield	7 Jun 2026	UKYDL Midland Upper prem N&E
	Discus	Thomas Hurry	15.07 (1Kg)	Derby	3 May 2026	UKYDL Midland Lower N&E
	Hammer	Ethan Daykin	10.79	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	Javelin	Cameron Fraser	21.34 (500)	Tamworth	31 May 2026	UKYDL Midland Lower N&E

U16						
Track	60m	Yaw Afrifah-Mensah	7.29 (i)	Sheffield	22 Feb 2020	England Age Champs
	100m	Paul Senior	11.10 (-1.70)	Solihull	20 July 2019	UKYDL
	200m	Gabriel Oguagwu	22.36 (-1.0)	Birmingham	28 July 2024	England Athletics Age Groups
	300m	Gabriel Oguagwu	35.59	Birmingham	28 July 2024	England Athletics Age Groups
	400m	Martyn Gibbons	52.56	Alexander Stadium	2002	

	800m	Martyn Gibbons	1.59.07	Alexander Stadium	2002	
	1500m	Martyn Gibbons	4.19.2	Cardiff	2002	
	Mile					
	3,000m	Joshua Groves	8:58.66	Derby	10 May 2026	County Champs
	80m Hurdles	Maranga Mokaya	12.10	Grantham	16 June 2011	English Schools
	100m Hurdles	Maranga Mokaya	14.4 (U17)	Stoke	29 July 2012	UK Young Athletes League
	300m Hurdles					
	400m Hurdles	Maranga Mokaya	59.9 (U17)	Stoke	29 July 2012	UK Young Athletes League
	1,500m Steeplechase					
	4 X 100m	Sebastian Goodwin; Leo Shaw; Lucas Mandarin; Hinyeumg Chiu	46.8	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	4 X 300m	Sebastian Goodwin; Leo Shaw; Vine Festus; Xavier Jarosiewicz	2:44.30	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	4 x 400m					
Field	High Jump	Ross Walker Smart	1.93	Hamilton , NZL	8 March 2008	New Zealand Schools Champs
	Long Jump	Paul Senior	5.75 (w)	Solihull	20 July 2019	UKYDL

	Triple Jump	Montel Nevers	13.24 (1.0)	Bedford	22 August 2010	England Athletics Age Champs
	Pole Vault	Jacob Clark (u15)	3.80	Sheffield	20 November 2016	Northern Athletics Open
	Shot Put	Elliott Henry	11.26 (4Kg)	Exeter	17 Sep 2011	English Schools Combined
	Discus	Xavier Jarosiewcz	24.86 (1.25Kg)	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	Hammer	Alexander McCough	28.93 (4Kg)	Mansfield	18 July 2026	UKYDL Midland Lower N&E
	Javelin	Muhammed Khan	41.68 (600)	Milton Keynes	24 May 2026	UKYDL Midland Upper prem N&E
Combined events	Pentathlon (U15)	Elliott Henry	2623	Exeter	17 Sep 2011	English Schools Combined

U18						
Track	60m	Gabriel Oguagwu	6.90 (i)	Sheffield	7 feb 2026	England Athletics age champs
	100m	Yaw Afrifah-Mensalh	10.82	Bedford	19 June 2022	England Athletics age champs
	200m	Ryan Gorman Gabriel Oguagwu	21.33 (w) 21.70	Birmingham	11 Jul 2026	ESAA Champs
	300m					

	400m	Alex Cooper	48.36			
	800m	Martyn Gibbons	1.53.88	Gateshead	2004	
	1500m	Simon Burton	3.51.53	Sheffield	July 1997	English Schools
	Mile	William Brailey	4:26.7	Nottingham	12 June 2026	
	3,000m	Barry Moss	8.13.2	Crystal Palace	July 1972	
	100m Hurdles	Matt Madden	14.04	Birmingham	1 Sep 2006	NYAL Auxillary Final
	110m Hurdles	Andy Turner	12.97 (-2.1) (U17)	Birmingham	16 August 1997	AAA Age group champs
	400m Hurdles	Euan Fraser	55.99	Stoke	15 June 2025	Mason Trophy
	1,500m Steeplechase	Jonathon Lake	5.03.3	Birmingham	6 May 2007	UKYDL
	3,000m Steeplechase					
	4 X 100m	Benjamins Wong, Riley Chimbetete, Andre Lousi-Barnes, Christoper Ihunde	46.6	Harvey Hadden	19 April 2026	UKYDL Midland Upper Prem N&E
	4 x 400m	Samueal Collins, Adam Scrimshaw, willaim Brailey, Gabriel Oguagwu	3:47.7	Harvey Hadden	19 April 2026	UKYDL Midland Upper Prem N&E
Field	High Jump	Taejan Blake	2.06	Leigh	22 June 2024	NAL
	Long Jump	Andy Turner	7.23 (w) (3.2)	Stoke	20 Sep 1997	Young Athletes League
	Triple Jump	Montel Nevers	14.81 (1.2)	Bedford	18 august 2012	England Age Champs

	Pole Vault	Joel Leon Benitez	4.82	Sheffield	19 Jan 2016	England Junior Champs
	Shot Put	Charlie Kelvey	11.89	Mansfield	2005	
	Discus	Charlie Kelvey	31.78	Harvey Hadden	2005	
	Hammer	Vaughan Cooper	64.82	Nottingham	13 March 1982	??
	Javelin	Sam Kelvey	60.66	Alexander Stadium	August 2002	

U20						
Track	60m	Yaw Afrifah-Mensah	6.95 (i)	Sheffield	11 Feb 2023	England Athletics age champs
	100m	Elijah Skervin	10.60			
	200m	Ryan Gorman	20.84			
	400m	Alex Cooper	47.13			
	800m	David Wilcox	1.47.86			
	1500m	Aidan Jackson	3:55	Birmingham	1979	Midland Champs
	Mile	Matt O'Dowd	4:14.2	Oxford	2 Sep 1995	??
	3,000m	Matt O'Dowd	8.25	Birmingham	29 July 1995	AAA Age Champs
	5,000m	Matt O'Dowd	14.20.2	Brighton	23 August 1995	??
	10,000m					
	110m Hurdles	Andy Turner	14.24 (w) (2.0)	Exeter	10 July 1998	English Schools
	400m Hurdles	Euan Fraser	56.67	Berry Hill	10 May 2025	County Champs
	2,000m Steeplechase	Ewan Collier	6.18.6	Harvey Hadden	19 April 2026	UKYDL Midland Upper Prem N&E

	3,000m Steeplechase					
	4 X 100m	Andre Louis-Barnes; Daniel Jones; Rory Birtwhistle; Chibunna Obirieze	48.70	Milton Keynes	24 May 2026	UKYDL Midland Upper prem N&E
	4 x 400m					
Field	High Jump	Divine Duruaka	2.07			
	Long Jump	Matt Madden	6.45	Birmingham	26 April 2009	National Junior League
	Triple Jump	Montel Nevers	15.98 (w) (4.0)	Eskilstuna, Swe	18 July 2015	European Athletics U20 Champs
	Pole Vault	Joel Leon Benitez	5.52	Cardiff	19 Jan 2016	Welsh junior champs
	Shot Put	Charlie Kelvey	10.75	Manchester	2005	
	Discus	Montel Nevers (1.75Kg)	18.77	Abingdon	1 June 2014	UKYDL
	Hammer	Vaughan Cooper	67.52	Nottingham	19 May 1984	Notts-20
	Javelin	Sam Kelvey	61.81	Bedford	2 July 2005	
	Decathlon	Matt Madden	5023	Horspath	28 Jun 2009	ESAA Midland Combined events champs
Road	5K					
	10K					
	10 Mile					

	Half Marathon					
	Marathon					